Idaho Millennium Fund Strategic Plan Update

August 19, 2024



2023

Rep Erickson's Strategic Plan

- IdahoPTV will create a new statewide media campaign focused on youth substance abuse prevention
- · Work closely with millennium fund recipients
- Advertise heavily throughout the state using traditional and non-traditional techniques
- Target youth + parents/caregivers
- Continue the Be Smart, Don't Start. KNOW VAPE campaign.

2024

Legislative Allocation

- Hereby appropriated to Idaho Public Television
- For the period **July 1, 2024 June 30, 2025**
- For the purpose of media campaigns for education and awareness related to vaping, tobacco, and other substance use issues, and to promote the over all health of Idaho's children
- An appropriation from the Idaho Millennium Income Fund:

PERSONNEL COSTS
OPERATING EXPENDITURES
TOTAL \$1

\$150,000 850,000 **\$1,000,000**



IDAHO YOUTH SUBSTANCE USE PREVENTION AWARENESS CAMPAIGN

landscape assessment / creative brief



MAY | 2024

LANDSCAPE ASSESSMENT + CREATIVE BRIEF / CONSIDERATIONS



WHAT ARE WE DOING? / THE WHEEL

Idaho's Millennium Fund has identified and funded key state agencies and community partners to forge a multifaceted action plan for youth substance abuse prevention and intervention in Idaho.



WHAT ARE WE DOING? / AN OVERARCHING CAMPAIGN

Idaho Public Television's role is to create a statewide awareness campaign(s) to prevent youth substance abuse. The campaign can serve as an overarching message under which campaigns about specific substances (vapes; fentanyl, alcohol, etc.) reside.

IDAHO YOUTH SUBSTANCE USE PREVENTION









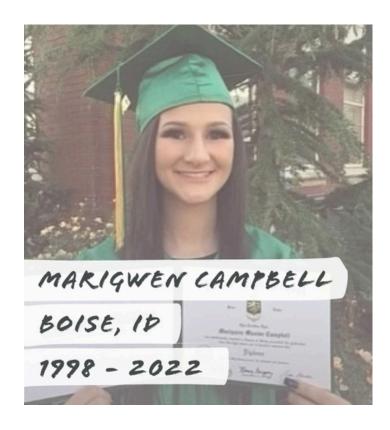
WHY ARE WE DOING IT? / LOVE

The alarming rates of fentanyl overdose and death, the rise of vaping, opioid abuse and alcohol related fatalities among our youth are a threat to all families.

Families are the heart of Idaho. When families struggle, so too do our communities and quality of life in ways that are both tangible and intangible.

We're doing this because we love our families.

IF SUCCESSFUL, WE WILL ALSO REDUCE SUBSTANCE ABUSE AND INCARCERATION RATES AND HEALTH CARE COSTS; DECREASE THE DEMAND FOR ILLEGAL SUBSTANCES; AND PREVENT NEGATIVE HEALTH OUTCOMES.



WHO ARE THE KEY PEOPLE/GROUPS? / COLLABORATION PARTNERS

Legislature + Millennium Fund	Rep. Marco Erickson	
Idaho Department of Juvenile Corrections	Monty Prow, former Director	
Governor's Office of Drug Policy	Marianne King, Director	
Project Filter - Division of Public Health, Idaho Department of Health, and Welfare	Casie Jones, Health Program Specialist	
Idaho Department of Education	Michelle Clement Taylor, Director Student Engagement & Safety Coordination; Ryan Cantrell, Chief Deputy Superintendent	
Idaho State Board of Education Office of School Safety	Mike Munger, Manager	
Recovery Idaho	Norma D. Jaeger, Executive Director	
Western American Lung Association	Heather Kimmel, Division Director	
American Lung Association	Liz Hall, Director of Health Promotions	
American Heart Association	Erin Bennett, Idaho Government Relations Director	
Idaho Health Districts	Districts 1-7	

WHO ARE THE KEY PEOPLE/GROUPS? / IDAHO PREVENTION EXPERTS

St. Luke's Regional Medical Center Community Health & Engagement	Theresa McLeod, Administrator	
Idaho Children's Trust Fund/Prevent Child Abuse Idaho	Roger Sherman, Executive Director	
Idaho Drug Free Youth "iDFY"	Past Executive Director + Board President, Amy Bartoo	
Idaho Communities for Youth	Dr. Megan Smith, Director	
Meridian Anti Drug Coalition	Kendall Nagy, Director and Substance Abuse Prevention Coordinator	
Basin School District, Idaho City	Officer David Gomez, SRO	
SW District Health - Adams, Canyon, Gem, Owyhee, Payette, and Washington Counties	n Savanah Swisher, Project Manager, Youth ROC Center Tara Woodward, Program Planning and Development Specialist	
The Bridge Youth + Family Resource Center - Ada County (assessment center)	Chris Palmer, Resource Center Manager	
Advocates Against Family Violence	Tricia Lofton, Operations Director	
Nampa Family Justice Center	Jeannie Strohmeyer, Executive Director	
Coeur d'Alene School District	Keith Orchard, Mental Health Coordinator	
Licensed clinical professional counselor, Boise	Shirley O'Neil, M.Ed, LCPC	
Youth ROC Center - Caldwell (assessment center)	Tiffany Ruiz, Case Manager, Outreach Coordinator	
iDFY alumni	Jeff Gray (formerly of Genesee, ID)	
Breaking Chains, Nampa/Caldwell	Luis Granados, Executive Director	
Central District Health - Ada, Boise, Elmore, and Valley counties	Courtney Boyce, Substance Use & Behavioral Health Program Manager Connor Young, Health Policy Analyst	
Committed to 16 and Save My Family	Kelli Rich, Founder and Executive Director	
American Falls School District	Randy Jensen, Superintendent	
Boise Seal Project (fentanyl prevention and intervention)	Jacob Danny, Director of Operations and Coordination	
Marsing School District	Norm Stewart, Superintendent Cindy Floyd, Nurse	
Ada Country Juvenile Services	Alison Tate, Director + The Bridge	

WHO IS OUR TARGET AUDIENCE(S) / YOUTH AND PARENTS

PRIMARY:

YOUTH (age 8-18) | **PARENTS/GUARDIANS** + **CAREGIVERS**

SECONDARY:

- Vulnerable communities as identified by data/research
- Educators + Community Leaders + Adults responsible for youth wellbeing

WHAT ARE OUR BELIEFS? / KIDS

MENTAL HEALTH CRISIS: ILLEGAL / UNHEALTHY SUBSTANCES ARE AN ATTRACTIVE WAY TO SFLF-MEDICATE FOR STRESS, DEPRESSION, ANXIETY AND FEELINGS OF SADNESS, ISOLATION/NOT BELONGING AND HOPFLESSNESS.

KIDS GFT OR ARF OFFFRFD ILLEGAL SUBSTANCES FROM CLOSE FRIENDS AND FAMILY

KIDS THINK THAT VAPES/PILLS/ DRINKS OFFERED BY FRIENDS AND FAMILY ARE SAFE

PREDATORS (EX. VAPE ADVERTISERS ON KID-CENTRIC SOCIAL MEDIA CHANNELS).

THEY WERE LIED TO.

KIDS WHO USE NICOTINE PRODUCTS OR ABUSF SUBSTANCES CONSIDER THE PRODUCTS/SUBSTANCES A SOLUTION, NOT A PROBLEM.

PEER PRESSURE!

KIDS EXPERIMENT!

- BORFD OR SEEKING ENHANCED/BONDING **FXPFRIFNCES**
- CURIOUS
- WANTING TO LOSE WEIGHT OR CHANGE THEIR APPEARANCE
- GENETICALLY PREDISPOSED TO ADDICTION.

KIDS DON'T KNOW THE NEGATIVE HEALTH AND BFHAVIORAL EFFECTS + CONSEQUENCES OF SUBSTANCE ABUSE AND MISUSE.

PARENTS USE AND ABUSE ALCOHOL; NEIGHBORING STATES HAVE LEGALIZED MARIJUANA; VAPE COMPANIES SAY THEIR PRODUCTS ARE SAFE; MEDIA GLAMORIZES SUBSTANCE ABUSE, ETC, ETC.

WHAT ARE OUR BELIEFS? / PARENTS/GUARDIANS/CAREGIVERS

PARENTS/CAREGIVERS
DON'T KNOW THE HEALTH
DANGERS AND DEADLY
CONSEQUENCES OF
SUBSTANCE ABUSE

PARENTS/CAREGIVERS
DO NOT BELIEVE THEIR
CHILD(REN) ARE AT
RISK FOR ABUSING
SUBSTANCES.

PARENTS/CAREGIVERS

AID AND ABET

THEIR

CHILD(REN)'S

SUBSTANCE ABUSE

PARENTS/CAREGIVERS
THINK YOUTH
SUBSTANCE ABUSE IS A
RITE OF PASSAGE - A
PART OF GROWING UP
AND EXPERIMENTING

PARENTS/CAREGIVERS
DO NOT KNOW HOW TO
IDENTIFY IF THEIR
CHILD IS AT RISK
FOR SUBSTANCE
ABUSE

PARENTS/CAREGIVERS
DO NOT KNOW HOW TO
TALK TO THEIR
CHILD ABOUT
SUBSTANCE
ABUSE

PARENTS/CAREGIVERS
DO NOT KNOW
HOW OR WHERE TO
AND GET HELP

PARENTS/CAREGIVERS OF ALL SOCIOECONOMIC LEVFLS

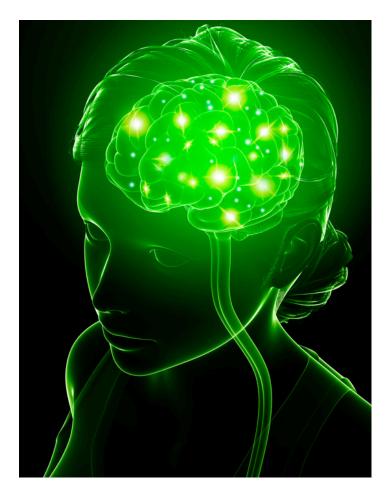
FEEL ALONE

WHAT DO WE KNOW / KIDS ARE WIRED TO TAKE RISKS

From early adolescence through the mid-to-late 20s, the brain develops unevenly. The parts of the brain to develop first control physical activity (cerebellum), emotion (amygdala) and motivation (nucleus accumbens). The prefrontal cortex, which is responsible for impulse control, more reasoned thought and good judgment, develops later.

This pattern of teen brain development helps explain some common traits of teen behavior:

- Difficulty holding back or controlling emotions
- A preference for high-excitement, exploration and new activities
- Inadequate planning and limited judgment
- More risky, impulsive behaviors



THE ADOLESCENT BRAIN IS WIRED EARLY FOR TAKING RISKS, BUT THE PART OF THE BRAIN THAT CONSIDERS THE CONSEQUENCES OF RISKS DOESN'T FULLY DEVELOP UNTIL THE MID-20'S.

WHAT DO WE KNOW / DRUGS DAMAGE GROWING BRAINS

How Do Drugs Impact the Teenage Brain

- Planning
- Judgement
- Trouble performing easy tasks
- slowed thinking and reaction time
- Memory loss or impairment
- Lower IQ

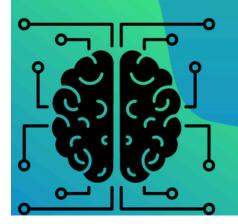
Common Parts of the Brain Impacted

- Neurotransmitters
- Dopamine and serotonin production
- Prefrontal cortex

Long Term Effects & Consequences

- Dangerous behaviors
- Difficulty in school
- Addiction and dependency
- Co-occurring mental health disorders

TEENS ARE AT RISK!



- Teens who use cannabis regularly have, on average, one grade point lower than their peers.
- Kids who begin drinking before age 15 are 4x more likely to become addicted that people who start at age 21.
- Teens who use cannabis may lose up to 8 IQ points between childhood and adulthood.







WHAT DO WE KNOW / TOP DRUGS FOR IDAHO YOUTH

Top substances used by Idaho youth in 6th-12th grade according to Idaho Healthy Youth Survey, 2021:



#1 ALCOHOL - 32%



#2 VAPES - 18%.



#3 MARIJUANA - 12%



#4 PRESCRIPTION DRUGS - 10%

- US: 3,900 deaths annually from excessive adolescent drinking.
- IDAHO: In 2018, 22 Idahoans under the age of 21 died from alcohol-attributed deaths
- 1 in 5 teens are vaping in Idaho. (2021 At Risk Youth Survey data)
- 70% of youth perceive that they are exposed to vapes or tobacco use in their daily life. (University of Idaho, 2023)
- Youth who use nicotine report higher rates of stress, anxiety, sadness and hopelessness. (University of Idaho, 2023)
- In 2020, National Institute of Health reports that: 4,701 Idaho 12th graders and 2,072 Idaho 8th graders vaped marijuana
- In Idaho, the rate of drug overdose deaths has skyrocketed.
- Between 2017-2022, a total of 1,775 Idaho residents died from a drug overdose.
- In 2023, 389 died from overdose-related deaths.

*PREMATURE DEATH HIGHLY INCREASES WHEN ALCOHOL AND OTHER SUBSTANCES ARE INVOLVED.

LEADING CAUSE OF
YOUTH DEATH
IN IDAHO:
#1 ACCIDENTS
(UNINTENTIONAL INJURY)
#2 SUICIDE

WHAT DO WE KNOW / PREVENTION/INTERVENTION RESOURCES IN IDAHO

ORGANIZATION	PREVENTION	INTERVENTION	RESOURCES - Youth	RESOURCES - Parent
Idaho Department of Juvenile Corrections		 Youth Assessment Centers Interactive map of assessment centers Juvenile Detention and Correction Centers 		
Governor's Office of Drug Policy	BeTheParent Substance Abuse Prevention Grants ID Opioid Misuse/Overdose Prevention Strategic Plan Operation Esto Perpetua Fentanyl Takes All SUBSTANCE MISUSE PREVENTION NEEDS ASSESSMENT 2024		Fentanyl Takes All	BeTheParent Fentanyl Takes All
American Lung Association		NOT (Not On Tobacco) cessation program for teens INDEPTH - alternative to suspension or citation program for teens)	Not For Me self guided quit program for teens INDEPTH program outline	
Idaho Department of Health Welfare	Drug Overdose Prevention Program 211 Care line	 <u>Project Filter</u> <u>Treatment and Recovery Map</u> <u>Overdose Response - Naloxone/Narcan</u> <u>Statewide crisis centers</u> - 18 or older 		
Idaho's Health Districts	 DOPP SE Idaho Public Health DOPP SW Idaho Public Health DOPP NC Idaho Public Health DOPP Central District Health CATCH My Breath (evidence based youth vaping nicotine prevention program) 	Catch My Breath evidence based youth vaping prevention program, INDEPTH, Intervention programs designed under partnerships (i.e. PHD4: BSU Service Learning Students and Kuna School District)	MEGA Inflatable Brain,	Catch My Breath, BSU Radar Materials, (PHD4: Save My Family Presentations),
Idaho Public Television	Nic Sick: The Dangers of Youth Vaping documentary. KNOW VAPE Be Smart Don't Start awareness campaign		Nic Sick: The Dangers of Youth Vaping KNOW VAPE Be Smart Don't Start awareness campaign	Nic Sick KNOW VAPE statewide awareness campaign parent resources
Idaho Department of Education	Vape detector grant, community outreach on substance use funds, SRO grant			
Office of School Safety, Board of Education				
American Heart Association			How To talk to your teen about E-cigarettes	
Recovery Idaho		Nine recovery centers throughout Idaho	RX Aware Non-addictive options for pain management and Rx Safety	

WHAT DO WE KNOW/ CAMPAIGN STYLES THAT WORK BEST

YOUTH

• Peer-to-peer communications is the most effective means when it comes to communicating at-risk behavior.

PARENTS + GUARDIANS

• Emotional communications will resonate most effectively.

MESSAGE SATURATION IS

TOP PRIORITY
THE CAMPAIGN MUST BE
SEEN/AIRED FOR A LONG
PERIOD OF TIME TO
AFFECT BEHAVIOR AND
ATTITUDE CHANGE.

WHAT IS THE GOAL? / MEASURABLE SHIFT IN ATTITUDES + KNOWLEDGE + BEHAVIOR ABOUT YOUTH SUBSTANCE USE

ATTITUDES	KNOWLEDGE	BEHAVIOR
Abusing alcohol, marijuana, nicotine and opioids is not normal, safe or cool at any age. Some risks are not worth taking - they can harm or kill you. Feeling stress, anxiety, depression, hopelessness, pain, loneliness, isolation is not something to hide or feel ashamed about. I'm not alone.	I know that vapes damage growing brains, bones and lungs. I know that pills or drugs and vapes may contain deadly amounts of fentanyl, even when they come from friends and family. I know how to talk to my child/parent about substance use. I know where to get mental health and substance use help.	I don't use alcohol, nicotine, marijuana or take drugs that aren't prescribed to me. Talking to my child/parent-guardian about substance abuse is a rite of passage. It's a critical conversation and I know when and how to have it. When I am feeling bad mentally, I won't reach for a bottle, a pen, or a pill that wasn't prescribed to me. I will get help.

WHAT IS THE GOAL? / JULY 2024-JUNE 2025

FROM THIS	TO THIS
Experimenting with drugs is a rite of passage. I experimented with drugs and alcohol and I turned out fine.	The drug landscape is more dangerous and deadly than ever before. The rite of passage is having a conversation with my child about substance use.
My kid would never do that.	Even though I trust my kid, I will have the substance use talk with them.
I have no idea what to do.	I know where to get help.







WHAT IS THE GOAL? / COLLABORATE TO LEAD THE WAY

An awareness campaign by itself will not achieve the results that we all desire. It will take the great works of all of the collaboration partners:

With every **collaboration partner** working over the **next five years** serving as many students as possible from many different angles in a coordinated and strategic way blanketing the state with **youth substance use prevention we will see measurable results.**

Idaho can lead the way.

WHAT IS THE TIMELINE? / JULY 2024 - JUNE 2025

IdahoPTV youth substance use awareness campaign.

June	July	August- September	October
Contracts awarded	Begin production	Production	Launch campaign

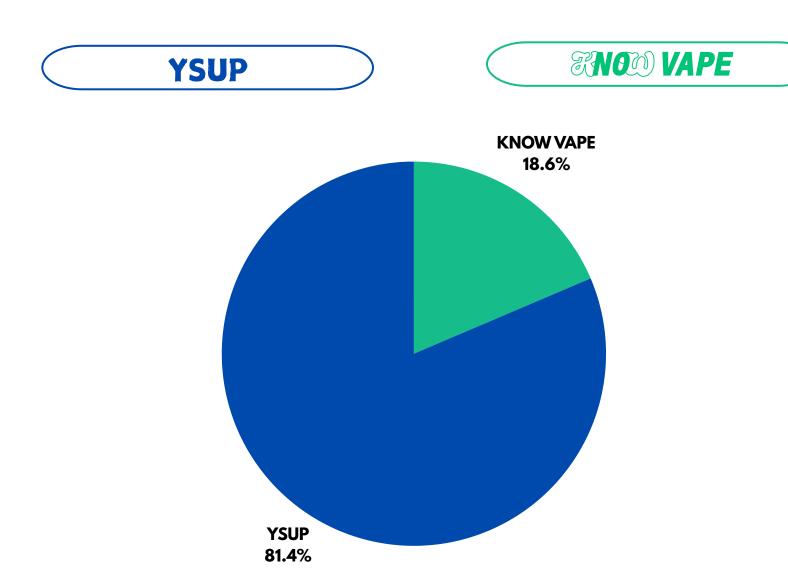
WHAT ARE THE DELIVERABLES / YSUP CAMPAIGN

- A 26:00 documentary that can be cut into short segments
- PSA's 15 + 30 second video + audio ads
- Brand kit including **billboard** designs
- Comprehensive **media buy strategy** targeted at key audiences and geographic locations including tactics that maximize exposure across traditional and non-traditional platforms
- Social media strategy (calendar; templates; tone)
- Public relations strategy with possible alliance building component
- Website
- Measurement: post campaign market research

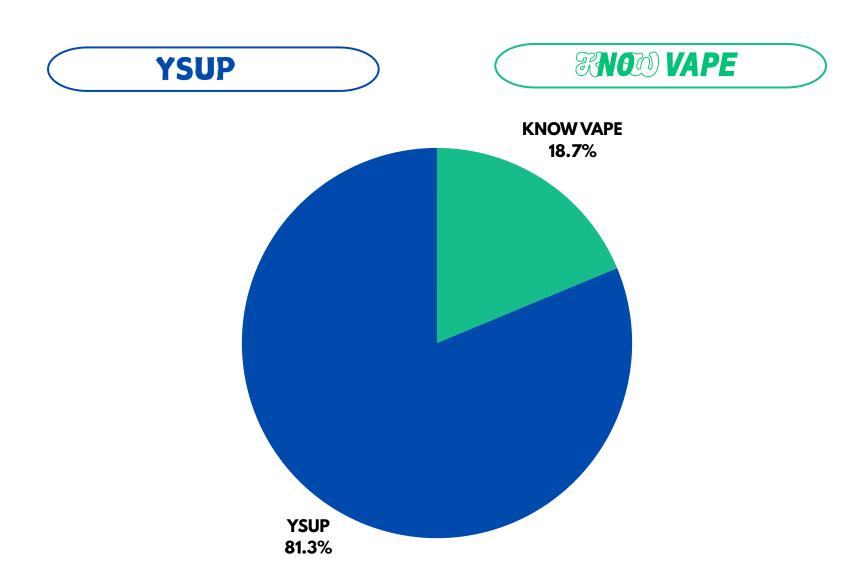
WHO IS THE TALENT? / PRODUCTION

- Idaho Public Television is contracting with **Idaho-based creative agencies** to produce the content for this campaign. These agencies have **deep expertise and experience in behavior-change and health campaigns and documentaries.**
- The landscape assessment + creative brief is the **foundation for the work.**
- Production of the documentary and awareness campaign began as soon as funding was available with a shared commitment to **launch in October**, **National Substance Abuse Prevention Month**.
- Emphasis is on creating high quality content and providing **simplified and hopeful/inspirational messages** to target audiences.
- Creative direction and content will be reviewed and **shared with the collaboration partners** beginning the week of August 19.

BUDGET ALLOCATION / \$850,000 OPERATING BUDGET



BUDGET ALLOCATION / MEDIA BUY - \$550,000



THREATS / TIME + MONEY

The greatest threat to the success of the youth substance use campaign is time and money. In order to acheive measurable shifts in attitudes + knowledge + behavior, the campaign must be sustained over a longer period of time.

"THE UNITED STATES' ANTI-SMOKING CAMPAIGN HAS BEEN ONGOING SINCE 1964, WHEN THE GOVERNMENT ACKNOWLEDGED THE HEALTH RISKS OF SMOKING FOR THE FIRST TIME.

BY 2015, THE CAMPAIGN HAD REDUCED THE SMOKING RATE BY MORE THAN HALF."

The Brookings Institution

Will it take five decades for Idahoans to rethink their attitudes, improve their knowledge and change their behavior when it comes to youth substance use? We don't think so! But it will take more than one year.

UPDATE / KNOW VAPE

THOO VAPE

National Interest in the KNOW VAPE Campaign

- A toolkit has been developed to help other states implement the KNOW VAPE campaign
- Feedback has been very positive

Nic Sick: The Dangers of Youth Vaping

- Published March 31, 2023
- 74,000 views on YouTube AND climbing + 21,246 views on PBS Streaming
- 95,000 total views

KNOW VAPE on PBS LearningMedia

- State and national aligned curriculum for educators to promote youth vaping prevention.
- 11,797 educators/users from July 2023-July 2024

Collaboration with Idaho Health Districts

- Meet monthly with all of the Idaho Health Districts' tobacco and vaping prevention coordinators to continue to align our work to be most effective
- Providing co-branded posters and continue to supply promotional materials to raise anti-youth vaping awareness across the entire state

"WE ARE SO THANKFUL THAT YOU'VE ALLOWED US TO USE THIS CONTENT FOR OUR COMMUNITY. WE HAVEN'T SEEN CONTENT THIS WELLDONE EVER!"

"EVERYBODY LOVES NIC SICK AND IT REALLY HAS OUR COMMUNITY RALLYING AROUND THIS ISSUE."

"WE'VE BEEN ABLE TO PARTNER WITH LOCAL TV STATIONS TO HAVE YOUR ADS RUN IN OUR COMMUNITY. WE WERE EVEN ABLE TO PLAY YOUR ADS DURING THE OLYMPICS!"

KNOW VAPE Teen Video Contest

- Partnering with schools across the state to invite students to create a 90-second video to bring awareness of the dangers of youth vaping
- Total in cash prizes \$10,000
- Since the inception in Spring 2023, total of 182 students participated: 88 teens in 2023 94 teens in 2024

UPDATE / KNOW VAPE



KNOW VAPE Ambassadors

In an effort to continue to stay youth-informed, we've developed the KNOW VAPE Ambassador program in 2024 with eight 12-17 year-olds from Idaho rural and urban communities. KNOW VAPE Ambassadors:

- Create content for the KNOW VAPE campaign that resonates with their peers
- Act as a focus group for messages we're developing
- Are getting connected to professionals at IdahoPTV so they can explore future job opportunities in the industry

KNOW VAPE Digital Campaign Media Reach

According to Guy Rhome, our media buyer, we've purchased 5,181 spots on traditional and non-traditional TV and radio across the entire state from November 2023-May 2024 (7 months)

- Total impressions: **11,287,911**
- Reaching **1,359,194** people across the entire state of Idaho
- With **32,286 clicks to the website** to learn more

KNOW VAPE Market Research

Contracted with a **market research firm in Boise to survey Idaho teens** to find out which messages and platforms are working to shift attitudes and beliefs.

KNOW VAPE Awards and Accolades

- KNOW VAPE Be Smart. Don't Start campaign **won an Emmy** for community outreach award at the 2023 Northwest Regional Emmy Awards
- Nic Sick: The Dangers of Youth Vaping won a **Silver Telly Award**, one of the world's highest honors for video and television content for all screens.
- KNOW VAPE was recently nominated for a National Educational Telecommunications Association (NETA). Awards are announced in Sept.

